

ELASP FOR FRESHMEN

LIST OF SEMINARS & EVENTS

Weekly Seminar Topics

Sept. 1 – Sept. 4: Introduction to ELASP

Sept. 8 – Sept. 11: Time Management

Sept. 15 – Sept. 17: Personal Branding & Networking (Career Fair Week)

Sept. 22 – Sept. 25: Study Skills for Success

Sept. 29 – Oct. 2: Academic Advising for Spring 2027

Oct. 6 – Oct. 9: Facing Adversity/How to GRIT Through College

Oct. 13 – Oct. 16: How to Interview Like a #BauerBoss

Oct. 20 – Oct. 23: Intro. to Public Speaking

Oct. 27 – Oct. 30: Leadership & Values

Nov. 3 – Nov. 6: College, Finances, & Scholarships

Nov. 10 – Nov. 13: Where We Go from Here: Letter of Self-Reflection

Seminar Day & Times

Tuesday | CBB 510 | 1:00 PM – 2:00 PM

Wednesday | CBB 510 | 10:00 AM – 11:00 AM

Wednesday | CBB 510 | 1:00 PM – 2:00 PM

Thursday | CBB 510 | 2:30 PM – 3:30 PM

Friday | CBB 510 | 11:00 AM – 12:00 PM

EVENT LIST BY MONTH



CASUAL DRESS



BUSINESS CASUAL/PROFESSION DRESS

SEPTEMBER

10 THE HOT SEAT W/ STUDENT ORGS

Time: 5:30pm – 7:00pm
Location: CBB 328

15 CAREER FAIR PREP & RELATIONSHIP BUILDING

Time: 4:00pm – 5:30pm
Location: CBB 328

17 HOW TO GET AN INTERNSHIP

Time: 4:00pm – 5:30pm
Location: CBB 328

18 RCC CAREER FAIR

Time: 11:00am – 3:00pm
Location: UH Hilton

22 ICE CREAM SOCIAL

Time: 4:30pm – 6:00pm
Location: Shasta's Cones

29 HEADSHOT SOCIAL

Time: 4:00pm – 5:30 PM
Location: CBB 328

OCTOBER

20 BOWLING SOCIAL

Time: 5:00pm – 6:30pm
Location: Student Center
Games Room

NOVEMBER

4 PAINTING SOCIAL

Time: 5:00pm – 7:00pm
Location: CBB 328

17 END OF THE SEMESTER CELEBRATION

Time: 5:00pm – 6:30pm
Location: CBB 328

ELASP FOR FRESHMEN

SCHOLARSHIP REQUIREMENT | FALL 2026

1

Complete **Fall Freshmen Survey**

2

Earn at least **225 points**

*RCC - Rockwell Career Center

Ways to earn:

- **Weekly Seminars:** 20 pts. each
 - **ELASP Events (Social & Professional):** 15 pts. each
 - **Peer Leader 1-1 Meetings:** 10 pts. each; not to exceed 20 pts.
 - **Meet with RCC* Career Counselor:** 10 pts. each; not to exceed 10pts.
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3

Complete **End of Fall Freshmen Survey**

4

Have a **3.25 GPA on 12 hours at UH** by the end of Fall 2026

5

Submit program reflection for an opportunity to receive a \$1,000 scholarship

*Reflection submission information provided to students eligible for the scholarship